

Success Stories

To VSP's Sight for Students:

I want to thank the VSP program for helping us obtain the eyeglasses for my daughter who needed them so much. We were unable to buy them for her due to our low budget. I want to inform you that the service that Dr. Herb Starlin gave us was wonderful. Thanks to you my daughter has improved in her studies and the headaches were cured.

E. Romero
Las Vegas, NV

I have a second grade student who has been wearing glasses for three years due to hyperopia and muscle imbalance. Her glasses were broken this year, but the family had no insurance to cover a new pair. The child's father was taping them together with black electrical tape. Needless to say the repair was ineffective and the student began complaining of headaches. He was unable to do his schoolwork. Through the Sight for Students program, new glasses were obtained and the student now participates fully in his classroom activities.

M. Scarlon, RN
Oswego, NY

One of the lucky recipients of a SFS gift certificate stood in the corner as I arrived to school. She smiled and said, "Mrs. Hayward, I can see." She thinks her glasses are the most beautiful possession she has. Prior to getting the glasses, she was having classroom behavior difficulties and was suspended by the vice-principal for not paying attention in class. Now she has no more disciplinary actions.

Another student also came to my office to show me her glasses. She said her mom had bought her a book and she couldn't stop reading. She has joined the local library reading club. Prior to receiving the glasses, she was evaluated as unable to read. She is in the 9th grade and was having to use elementary books to try to develop her reading skills. As it turned out, she could read – she just couldn't see! Thank you VSP.

C. Hayward, RN
New Ipswich, NH

get focused™

A VSP Campaign



VSP Get Focused Classroom Curriculum

Interactive activities for kids K-6

VSP is now offering a free classroom curriculum kit for grades K-6. The activities use science, math, reading and art to teach how the eye works, how to care for the eyes, and what disorders can impact vision. All lessons are fun and interactive to keep the child interested. The kit includes a Braille card, optical illusion book and card deck, photographs of animal eyes, lenses, distortion glasses, and other items that make it easy for teachers to conduct suggested activities. Also included are homework assignments to engage parents in the child's learning. Developed by Explorit Science Center in Davis, Calif., with input and scientific review by the National Eye Institute, the curriculum meets all standards of the National Science Teachers Association.

To download the kit or to request that a hardcopy be mailed to you, please log onto www.getfocusedamerica.org.

New Success Story Form

You will notice that Sight for Students has a new form for reporting success stories. The new form will help us retrieve the information we need to build an illustrative account of how eyecare and glasses have helped improve the life of a child. These stories are important because when used in the media, the stories help others recognize the importance of eyecare. Parents might be prompted to take their child in for an eye exam after reading about others with similar symptoms and

behavior. If you're concerned about privacy, please note that these stories will not be used unless we get permission from the partner who sent it to us. Thank you in advance for remembering to fill out your success stories!



The following are the number of claims paid for Sight for Students from the following partners throughout 2002.

SIGHT FOR STUDENTS	National Association of School Nurses	19,297
	Prevent Blindness America	10,445
	National Association of Community Health Clinics	6,187
	Boys & Girls Club	4,128
	Communities in Schools	3,954
	Head Start	3,663
	YMCA of the USA	1,621
	State Optometric Associations	1,352
	Other	1,246
	National Council of La Raza	1,220
Grand total	53,113	

STUDENT WORKSHEET from the new Get Focused Curriculum!

Dominant Eye

WHAT TO DO:

- 1) Find your DOMINANT EYE! Having a dominant eye is like being left-handed or right-handed. The dominant eye is usually stronger and is the eye that is favored by the brain for most tasks.
- 2) To find your dominant eye, extend one arm in front of you and make a circle with your thumb and index finger (basically you are making an OK sign with your hand).
- 3) Keep both eyes open and hold your hand so that a distant object (like a light switch or cup) appears inside the circle of your thumb and index finger. The object should be about 10 feet away. The object may appear fuzzy, which is okay.
- 4) Now close your right eye. Is the object still inside the circle or does your hand appear to have moved to the side? Try closing your left eye. What happens now?

The eye that keeps the object inside the circle is your dominant eye! Test your family members and friends and record your results:

NAME:

DOMINANT EYE:

- 1) _____
- 2) _____
- 3) _____
- 4) _____
- 5) _____

- _____
- _____
- _____
- _____
- _____

Moving Images: Flip Book



What to Do:

Cut out the images and arrange them in numerical order. Staple the cards together. Use your thumb to flip the cards to watch the bird appear to fly. Can you create your own flip book images?

1.



2.



3.



4.



5.



6.



7.



8.



9.



10.



11.



12.



Sight for Students Policy Reminder:

Please remember that Sight for Students does not offer "replacement" glasses for lost, stolen or broken frames. Children must wait 12 months and still meet all eligibility requirements before they can receive another certificate.

For more information about Sight for Students, please call VSP at 1-888-290-4964, or visit the Sight for Students Web site at www.sightforstudents.org

